This guide provides you with the information you need about Level 3: Hypnotherapy Training offered by IntraAwareness in Minnesota, USA. This course is to certify new Hypnotists or for those looking for Personal Development through advanced communication.

**Applicant Interview Process**

There is an in-person application process, which includes attending the OnenessNLP™ 101 Certificate Course and NL/HNLP Practitioner Course, which will review the applicant’s previous experience and education, motivation for pursuing IntraAwareness’ program, ethics, and appropriate personality traits and character for doing the work of a Hypnotherapist. Applicants may be rejected for any reason deemed by the IntraAwareness staff; reasons will be shared with applicants upon request. An online questionnaire must be completed prior to acceptance to the in-person application process. Certificate of Completion in the NLP/HNLP Practitioner Course is a prerequisite for the IntraAwareness Hypnotherapist Training. Certificate of Completion in the NLP/HNLP Practitioner Course does not automatically qualify student for the Hypnotherapist Training.

**2019 Course Dates & Times**

*Daily 9:30am – 6:30pm*

- July 26th - 28th | Friday – Sunday
- August 23rd - 25th | Friday – Sunday
- September 27th - 29th | Friday - Sunday

**Graduation Celebration September 29th**

**Your Commitment**

- **Pre-Course Requirements:**
  - OnenessNLP™ 101 Course (27hrs)
  - NLP/HNLP Practitioner Graduation (108 hrs)
- **Graduation Requirements:**
  - Complete all Growth-Work between classes
  - Completion and full attention & participation of all hours of class time
- Adherence to all policies & procedures
- Pass exam which includes written portion & induction with Instructor

- Post Graduation Benefits:
  - Retake the course at discounted rate
  - Ongoing support through monthly online Practicums
  - Qualify for advanced trainings through IntraAwareness System
  - Eligible for membership to the American Board of Hypnotherapy, an organization that promotes the highest standard of ethics, quality and integrity of our profession

The Curriculum

- VALUES AND ETHICS
- WHAT IS HYPNOSIS (RESOURCE)
- HYPNOTIC APPROACHES (RESOURCE)
- 3 MAIN HYPNOTHERAPY APPROACHES
- HYPNOSIS REFERENCE PAGE (RESOURCE)
- UNDERSTANDING TRANCE (RESOURCE)
- MILTON ERICKSON QUOTES (RESOURCE)
- HYPNOSIS POSITIVE MENTAL FRAMES (RESOURCE)
- “THAT’S RIGHT” (EXERCISE)
- SIMPLE TRANCE (INDUCTION)
- MILTON MODEL (RESOURCE)
- MILTON MODEL SHORT FORM
- EXAMPLES OF HYPNOTIC LANGUAGE (RESOURCE)
- ADVANCED MILTON MODEL (RESOURCE)
- COMPLETE MILTON MODEL (CHECKLIST)
- MENTAL SNOWMAN (INDUCTION)
- FUNCTIONS OF THE CONSCIOUS & UNCONSCIOUS MIND (INDUCTION)
- LINKAGE WORDS (RESOURCE)
- REPRESENTATIONAL SYSTEMS AND PREDICATES (RESOURCE)
- SIMPLE ANATOMY OF TRANCE (MODEL)
- SUGGESTIBILITY TESTS (INDUCTIONS)
- PRINCIPLES OF SUGGESTION (RESOURCE)
- COMPONENTS OF BASIC TRANCE INDUCTIONS (RESOURCE)
- PROGRESSIVE TRANCE (INDUCTION)
- HYPNOTIC RECALL (EXERCISE #1)
- 5 STEPS TO ERICKSONIAN HYPNOSIS (MODEL)
- 5 STEPS TO ERICKSONIAN HYPNOSIS (RESOURCE)
- HYPNOTIC RECALL (EXERCISE #2)
- 6 LEVELS OF HYPNOSIS (MODEL)
- 6 LEVELS OF HYPNOSIS (RESOURCE)
- 5 STEPS OF HYPNOSIS + 6 LEVELS OF HYPNOSIS COMBINED (MODEL)
- 5 STEPS OF HYPNOSIS + 6 LEVELS OF HYPNOSIS COMBINED (EXERCISE)
- HYPNOSIS RAPPORT (RESOURCE)
- BMIRS (RESOURCE)
- ANATOMY OF THE UNCONSCIOUS MIND (INDUCTION)
- HYPNOSIS CHUNKING (RESOURCE)
- HYPNOTIC RECALL (EXERCISE #3)
- ALTERNATIVE HYPNOSIS EXPLANATION (RESOURCE)
- TRANCE REVIVIFICATION (INDUCTION)
- PACING CURRENT EXPERIENCE (INDUCTION)
- BREAKING STATE VS BREAKING RAPPORT VS HYPNOTIC SMACK (RESOURCE)
- REHEARSAL INDUCTION USING CATALEPSY (EXERCISE)
- INDIRECT-PERMISSIVE HYPNOTIC LANGUAGE (INDUCTION)
- TRANSFORMATIONAL HYPNOTIC LANGUAGE GRAMMAR (RESOURCE)
- “I DON’T KNOW” TECHNIQUE (EXERCISE)
- INDIRECT-PERMISSIVE HYPNOTIC LANGUAGE #2 (INDUCTION)
- IDEOMOTOR SIGNALING (RESOURCE)
- CONSCIOUS/UNCONSCIOUS DISSOCIATION (EXERCISE)
- ALL PURPOSE COUNTING (INDUCTION)
- HYPNOSIS PHENOMENA WORDS (RESOURCE)
- TRANCE DEEPENING TECHNIQUES (RESOURCE)
- CATALEPSY INDUCTION (EXERCISE)
- HYPNOTIC PHENOMENA (EXERCISE)
- POST-HYPNOTIC SUGGESTION PROTOCOL (INDUCTION)
- UNCONSCIOUS REVIEW (EXERCISE)
- PACING AND LEADING (RESOURCE)
- RANGES OF POST-HYPNOTIC SUGGESTIONS (RESOURCE)
- TRUISMS ABOUT PROBLEMS (TECHNIQUE)
- ALWAYS MORE THAN THAT (INDUCTION)
- MILTON ERICKSON’S APPROACH TO HYPNOSIS (RESOURCE)
- POST-HYPNOTIC SUGGESTION GUIDELINES (RESOURCE)
- GENERAL PATTERN FOR HYPNOTHERAPY (RESOURCE)
- SUCCESSFULLY SETTING OUTCOMES (RESOURCE)

Calendar Year
Calendar year is January 1 through December 31. Individual Class dates are provided at www.IntraAwareness.com

The following holidays are excluded from the school teaching dates:
- Memorial Day
- July 4th
- Labor Day
- Thanksgiving Day
- Christmas Day

Enrollment Dates
Open Ended Enrollment determined by Class Dates listed at http://www.IntraAwareness.com
Attendance Policy
Because of the nature of the material is highly experiential, regular and full attendance & participation is required for Certificate of Completion upon graduation. Makeup of singular missed half day may be possible at the discretion of your Trainer, which will be approved at least one month in advance. The makeup of a full day may require additional fees due to the switch from a group learning setting to private tutorial. The fee for private tutorial is $225/hr. Individual issues will be processed on a case-by-case basis through our open door policy.

Grading Policy
In-person participation for techniques with classmates, and discussion is mandatory for all scheduled class hours. Growth-Work is a mandatory home practice that will be required between monthly classes. The class will complete discussion and group processing of Growth-Work each month. Completion of final written exam with passing grade of 70% is required for Certificate of Completion upon graduation. Certificate of Completion upon graduation is not guaranteed by registering for this class. All requirements of Attendance, Grading, Growth-Work and Applied Skill Set must be met for Certificate of Completion upon graduation. A 10-minute check in during month two (2) will provide feedback on areas to focus on for successful Graduation. Many take this course for personal development or self-improvement if not to become a Hypnotherapist.

Conduct Policy
Participants are expected to conduct themselves as mature and law-abiding members of the IntraAwareness community and the general community. Behavior that jeopardizes the health or safety of the IntraAwareness community, or disrupts the educational activities and supporting services of IntraAwareness, is subject to review and dismissal.

Participants are expected to be respectful of the opinions of others, open minded to new ideas, cooperative with IntraAwareness staff and other students, and to respectfully represent the modalities taught, within the greater community.

Examples of unacceptable behavior include excessive tardiness/absence; disrespect to IntraAwareness staff or fellow students; lack of attention or effort in learning the techniques and information presented. Such behaviors, if in the eyes of IntraAwareness staff is deemed to be persistent, will result in private discussion with IntraAwareness staff, and may result in dismissal.

Not following agreed upon payment plan for course, if any, will result in dismissal.

Investment
2019 Minnesota Base Course Fee*: $2,249. Class fees are all inclusive of: Manual, Snacks, Tea.
* Base Course Fee is priced for 2019 courses located Minneapolis, MN. Course fees will vary based on
location of course around the world. See www.IntraAwareness.com for up to date pricing for specific Course Offerings outside of the Classroom Location listed above.

Previous Credit
No previous or transfer credits are applicable to this program.

Complaint Procedure
Open Door Policy: Any concerns or complaints are always welcome for in-person discussion and resolution.

Cancellations & Refunds
(Specific to classes located in Minnesota, USA only)

If your application is rejected, you will receive a full refund of all tuition, fees, and other charges. You will be entitled to a full refund of tuition, fees, and other charges if you give written notice that you are cancelling your enrollment within five days of being accepted into the school or program. This five-day refund policy applies regardless of when the program starts. If you give written notice more than five days after you have been accepted into the school or program (or first lesson for an online distance education program), you will receive a refund of all tuition, fees, and other charges minus 15%, up to $50, of the total cost of the program. You will be provided a prorated tuition, fees, and other charges refund minus a 25%, up to $100 administrative if you provide written notice of your withdrawal after your program has begun, but before 75% program has completed. If you withdraw from your program after 75% of the program has completed, you are not entitled to a refund of tuition, fees, and other charges.

You will receive written notice acknowledging your withdraw request within 10 business days after receipt of the notice and you will receive a refund of any tuition, fees, and other charges within 30 business days of receipt of your withdrawal. Written notice is effective of the date of the postmark if sent by mail or the day it has been hand-delivered to the institution. If you do not withdraw in writing or contact the institution about your absence, and you have not attended your program for 21 consecutive days, you will be considered to have withdrawn from the school as of your last date of attendance.

You have a right to cancel your enrollment and receive a refund as described above by delivering a written notice to: IntraAwareness, 3030 McKinley Street NE, Mpls MN 55418. You do not have the right to cancel by telephoning or e-mailing the school, or by not attending a course you are registered for.
Discounted (Early Bird) Course Withdrawal Pricing: If you withdraw from discounted program pricing, you will be charged the full individual course fee for any completed courses. You will be refunded or charged based on the standard investment rates.

About Your Trainer Jeremiah Rangel
Jeremiah Rangel has spent 20 years in Minneapolis, Minnesota developing his practice as a professional educator, trainer and healer. His passion for helping others overcome their limitations and realize their personal goals is felt in all he does, he truly walks the walk of self-transformation. He is a transformative educator and trainer who approaches his work with obvious passion and expertise. Jeremiah is there to remind us that, “You can break through any limiting beliefs that are holding you back and transform them into positive resources that propel you forward!”

He created IntraAwareness, a four-pillar system which connects the Body, Mind, Consciousness and Wealth. He offers physical training for achieving strength, flexibility and nutrition coaching to bring health and balance to the body. He is a Master Practitioner and Trainer of Hypnosis and Neuro-Linguistic Programming (NLP). He created OnenessNLP™ the third generation of NLP which infuses Higher Consciousness with Psychological Technologies. These are powerful therapies to overcome the thoughts and patterns, which fog the sunlit path to happiness and success. He addresses the deep sense of loneliness that keeps us separate from oneness; this is known as spiritual suffering. Jeremiah excels as a spiritual guide by directly identifying and dealing with patterns and thoughts, which limit us bringing understanding and experience to nurture spiritual development.

About IntraAwareness
3030 McKinley Street NE, Minneapolis, MN 55418
Phone: 612-930-2662

IntraAwareness is a convenient 20-minute drive from the St.Paul-Minneapolis airport, in Northeast Minneapolis. Our seminar room has hosted thousands of hours of workshops, meditations and training, providing a collective energy of healing, support and empowerment. Close to many hotels, Airbnb, malls, restaurants, grocery stores & entertainment the location of this training provides a fun atmosphere for after class camaraderie and bonding with classmates and friends.

IntraAwareness is owned and operated by Jeremiah Rangel, Founder and Co-Founder and Administrative Director Amanda Rangel. IntraAwareness is a privately owned and operation intuition, operating as an LLC, incorporated in Minnesota.

IntraAwareness is a private career school licensed with the Minnesota Office of Higher Education pursuant to Minnesota Statutes, sections 136A.821 to 136A.832. Licensure is not an endorsement of the institution. Credits earned at IntraAwareness may not be transferable to other institutions. Licensure protects your rights. As a licensed institution,
we have regulations regarding enrollment, quality of programs, and maintenance of records. Our programs and course descriptions have been reviewed by the State of Minnesota Office of Higher Education. While this is not the same as accreditation and the state does not offer a guarantee of quality instruction for licensed institutions, our investment in this process illustrates our dedication to providing the most comprehensive instruction and follow up support to enable your success.

IntraAwareness is an approved School of Hypnosis by the American Board of Hypnotherapy, an organization that promotes the highest standard of ethics, quality and integrity of our profession.

**Minnesota Office of Higher Education**

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